

# **Eastern Region Junior Soccer Association**

**Information Booklet 2009**



**Eastern Region Junior Soccer Association Inc.**

**Postal Address: P.O. Box 1051 Rosny Park Tasmania 7018**

## **Affiliated Clubs of the ERJSA**

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Lauderdale	Daniel Boddy	0419 379 825	kdboddy@iprimus.com.au
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Richmond	Craig Crawford	0419 393 061	cscrawford@dodo.com.au

## **Life Members of the ERJSA**

Ossie Fitzgerald, Bob Wellington, David Lowe, Barry Bourke, Doug McMullen, Bob Mchahon, Larry Taylor, Bethanie Kearney, Mick Jenkins, Craig Dean, Kath Wilkins, John Mills, Andrew Fisher, Cliff Marshall, Sid Cairns, John Marshall, Arthur Seymour, Bob Harding, Bob Alexander, Tony Scovone and Steve Elliot

## **ERJSA 2009 important roles**

ROLE	NAME	PHONE	EMAIL
President	Peter Alexander	62448611 (eve)	peter.alexander@dhhs.tas.gov.au
Vice President	Daniel Boddy	0419 379 825	kdboddy@iprimus.com.au
Secretary	Jason Grandfield	0428 108 460	jason.grandfield@dhhs.tas.gov.au
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Director of Coaching	Roxanne McIntyre	0447 624 819	rockyandmick@netspace.net.au
Regional Teams Co-ordinator	Daniel Boddy	0419 379 825	kdboddy@iprimus.com.au
Rosters	Craig Crawford	0419 393 061	cscrawford@dodo.com.au

This information plus more including rosters at [www.erjsa.com](http://www.erjsa.com).

## **President's message:**

On behalf of the Committee of the Eastern Region Junior Soccer Association, I would like to welcome all players, parents, coaches, managers and officials to the 2009 season.

The ERJSA owes its success to the commitment of volunteer parents in supporting the 1500 children, running the 10 clubs that make up the region, and undertaking the administrative, coaching and organizational roles that enable the teams to take to the field each week. My thanks go to them and I encourage all interested parents to join in.

The region has 149 teams this season in teams between under 6 and under 12 and, for the second year is offering an all-girls competition in addition to the mixed roster on Saturday mornings.

2009 is also the second year in which small-sided games are being trialed. This is an initiative of Football Federation Australia, designed to provide more involvement in the play for all players while also increasing skill levels. SSG will be played in the U6,U7,U9 and U11 age groups this season.

In our organization, although everyone likes to win, the emphasis is on participation and enjoyment. All the children deserve encouragement and support and we ask that all parents and supporters present positive role models.

The ERJSA also arranges coaching clinics and promotes improved standards of coaching and refereeing by actively supporting those parents who take on these important roles. For those players who have the commitment and enjoy the challenge, the region also arranges inter-regional and intrastate competitions through a selection process – starting on 16 May this year.

This booklet provides information on the game, the rules, the structure and the spirit of sportsmanship that we promote. There is also information on our website at [www.erjsa.com](http://www.erjsa.com).

I know all parents will take pride in the achievements of their children and I wish all players an enjoyable and active season.

Peter Alexander  
President.  
April 2009.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## ERJSA Calendar of Events for 2009

May	2 <sup>nd</sup>	Game 1 ERJSA
	4 <sup>th</sup>	Delegate meeting - Phoenix Park
	9 <sup>th</sup>	ERJSA game 2
	16 <sup>th</sup>	ERJSA game 3
	16 <sup>th</sup>	Regional Selection Trials - Cambridge
	17 <sup>th</sup>	Regional Selection Trials - Cambridge
	18 <sup>th</sup>	Delegates meeting – Phoenix Park
	23 <sup>rd</sup>	ERJSA game 4
	23 <sup>rd</sup>	Regional Selection Trials - Cambridge
	24 <sup>th</sup>	Regional Selection Trials - Cambridge
	30 <sup>th</sup>	ERJSA game 5
	30 <sup>th</sup>	Regional Selection Trials - Cambridge
	31 <sup>st</sup>	Regional Selection Trials - Cambridge
		End of term 1
June	1 <sup>st</sup>	Delegates meeting - Phoenix Park
	3 <sup>rd</sup>	ERJSA Holiday clinic - Cambridge Oval
	11 <sup>th</sup>	ERJSA Holiday clinic - Cambridge Oval
	15 <sup>th</sup>	Start of term 2
	15 <sup>th</sup>	Delegates meeting – Phoenix Park
	20 <sup>th</sup>	ERJSA game 5
	27 <sup>th</sup>	ERJSA game 6
July	4 <sup>th</sup>	ERJSA game 7

This information plus more including rosters at [www.erjsa.com](http://www.erjsa.com).

# **General Information on the Eastern Region Junior Soccer Association**

## **About our Region**

The ERJSA is the organizing body for junior soccer on the Eastern Shore and is affiliated with Football Federation Tasmania.

Where possible, matches are scheduled on Saturday mornings, school term holidays excluded. The Regional Committee consists of volunteers from parents and supporters. Each club is represented by 2 delegates. This committee meets regularly during the soccer season generally on the 3rd Monday of each month, at Phoenix Park at 7.30pm.

## **Game Cancellations**

In the event of a cancellation by the ERJSA Committee, an announcement will be made on 101.7 HO FM The announcement usually goes to air at approx 8am. (Generally after 8am news)

## **Traffic Control**

Everybody leaving Wentworth Park MUST obey the NO TURN RIGHT sign. Failure to do so may lead to you incurring the wrath of the Police. (i.e. fine and loss of points). For those needing to turn right, a simple detour via Belar and Allumba Streets will get you pointed in the right direction.

## **Player Safety**

The ERJSA has safety guidelines which each club should effectively comply with in interest of protection for players, referees, coaches and managers.

1. Each player and official must be registered with FFT prior to any training or game, so the player/official is covered by the basic "Umbrella" insurance policy of FFT.
2. It is compulsory for every player to wear shin pads whilst on the field of play. Players are also encouraged to wear mouth guards. Players not wearing shin pads should be removed from play until guards are fitted.
3. Hepatitis B and HIV are now real public concerns, the following preventative action is recommended by the ERJSA
  - No player is to take part in a game with open cuts or wounds. Any bleeding is to be attended to immediately and the injury securely covered.
  - Parents are encouraged to have their child inoculated against Hepatitis B
  - Players should not share the same drinking vessel.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

- All teams should be equipped with a basic first aid kit which should be brought to each game
  - Spitting between players is outlawed. Any player spitting at another player or person will take no further part in the game.
  - Coaches/Team Managers should inspect the ground prior to starting play to ensure ground is in safe condition and that all sharp or dangerous objects (including sticks) are removed.
4. Metal studs on boots are not allowed.
  5. No jewellery is to be worn including watches, necklaces, rings, earrings etc.

### **Ground Locations**

Name	Abbrev	Location
Wentworth Park	WW	Clarence Street Howrah
Edgeworth Street	EW	Cnr. Edgeworth & Bligh Streets Warrane
Cambridge Oval	CAM	Cambridge, next to primary school
Risdon Vale Oval	RV	Sugerloaf Rd
Kangaroo Bay	KB	Kangaroo Bay (across highway from Eastlands)

### **Results**

No ERJSA rosters/games are played for points (i.e. there are NO COMPETITION LADDERS).

This policy was adopted in accordance with the philosophy of the ERJSA and junior sport, - junior sport is for children's development, fun and participation.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## Regional Development Squads

Regional development squads are organized each year for ages groups U9 -U12 for both girls and boys. The aim of these squads is to introduce selected players to advanced training skills/techniques to assist in developing their potential.

Games are organized between Northern suburbs and Central Regions with their respective squads.

Regional Development Squad Coaches are appointed each year and work within the guidelines of the Regional Development Program for player selection, training and responsibilities.

In 2009, Regional Development Squads for the Under 9's will differ from previous formats. All children in the age group will be invited to attend development clinics and the sessions will be looked on as development for both players and coaches. Children and coaches will be instructed by grade players and coaches.

Regional Selection Trials Dates and times (all held at Cambridge)

Age Group	Date	Time
U10 Boys	Sat 16 May	3pm – 5pm
	Sat 23 May	3pm – 5pm
	Sat 30 May	3pm – 5pm
U11 Boys	Sat 16 May	2pm – 4pm
	Sat 23 May	2pm – 4pm
	Sat 30 May	2pm – 4pm
U12 Boys	Sun 17 May	2.30 – 4pm
	Sun 24 May	2.30 – 4pm
	Sun 31 May	2.30 – 4pm
U10 Girls	Sun 17 May	10am - 12
	Sun 24 May	10am - 12
	Sun 31 May	10am - 12
U11 Girls	Sat 16 May	2.30 pm – 4.30
	Sat 23 May	2.30 pm – 4.30
	Sat 30 May	2.30 pm – 4.30
U12 Girls	Sun 17 May	9.30am - 11
	Sun 24 May	2.30pm – 4pm
	Sun 31 May	2.30 pm – 4 pm

**All players to be at the ground 30 minutes before trial start time, for administration purposes.**

This information plus more including rosters at [www.erjsa.com](http://www.erjsa.com).

## **Information for Coaches**

(To ensure smooth running of games during the season)

### **Start and finish times of games**

When the roster is drawn up five minutes is allowed between the end of the game and the start of the next game. **There should be no reason why games do not start on time.**

If games start late, coaches **MUST** ensure each half is shortened by the appropriate amount of time to finish five minutes before the start of the next game.

Teams should leave the field promptly at the conclusion of their game (post match addresses, award presentations, photographs etc, must be conducted on the sidelines in order to allow other games to commence on time).

### **Offside rule**

The offside rule is not used until the -U12 age group. In U12s each team will supply 1 linesman complete with flag to enforce offside rule and rule on out of bounds decisions. Coaches must be aware of correct offside rule and instruct their linesman.

### **Refereeing**

Each team is entitled to referee 1 half each. However if a qualified referee is available to do the whole game, then it is envisaged that Clubs and coaches will take advantage of this.

### **Winning Margin**

Coaches **must** prevent large winning margins occurring, particularly in the lower age groups.

### **Parents/supporter behaviour**

Coaches/Managers should play a leading role and in the event of incorrect behaviour by parents and supporters in their team, the Coach should attempt to quell any heated situations and advise the parents of the code of behavior expected as detailed in this booklet. Smoking and dogs are not permitted on Council grounds.

### **Player Behaviour**

Coaches should teach and display appropriate sporting ethics and fair play to all players.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Junior coaches code of behaviour**

1. Remember that children participate for pleasure and that winning is only a small part of the fun.
2. Never ridicule or yell at any player for making a mistake or losing.
3. Be reasonable in your demands on young player's time, energy and enthusiasm. Remember they have other interests.
4. Teach players to follow the rules.
5. Whenever possible, group players to ensure that everyone has a reasonable chance of success.
6. When there are substitutes, ensure players are rotated regularly so ALL players experience the same game time.
7. Monitor and manage all equipment and facilities that are issued to you.
8. Develop team respect for the ability of opponents and for the judgment of officials and opposing coaches.
9. Follow the advise of a physician when determining when an injured is ready to recommence training or competition.
10. Keep up to date with latest coaching practices and the principles of growth and development of players.
11. Under no circumstances are you to interfere with a referee, if you have a question quietly ask the referee for an explanation then accept the decision.
12. If you are the first team playing you must check the ground for items that may cause an injury to your players. Sticks, rocks, needles, dog excrement etc. need to be removed.
13. Ensure the game finishes before next game is scheduled to start. If you start late then shorten the game to two equal halves.
14. If you wish to express a concern regarding the game or behaviour of certain people please contact one of the executive committee and if deemed necessary write to the Region in seven days.

## **Important Notes for Players (Code of Behaviour)**

1. Play by the rules.
2. Never argue with an official. If you disagree, have your manager quietly approach the official during the break or after the competition for an explanation.
3. Control your anger. Verbal abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport and can result in a fine or suspension.
4. Work equally hard for yourself and for your team. Your team's results will benefit - so will you!

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

5. Be a good sport. Acknowledge all good players whether they are your team or the opposition.
6. Treat all players as you would like to be treated. Do not interfere with or take advantage of another player.
7. Co-operate with your coach, teammates and opponents. Without them, there would be no competition.
8. Play for the fun of it, not just to please parents or coaches.
9. When getting ready for a game remember shin pads must be covered, no jewelry is to be worn (watches, earrings, necklaces, rings, etc.)
10. Metal studs are not permitted. You should take care of your boots by not wearing them to the game or to training as this wears out the studs and makes them unfit to play and dangerous for other players.

## **Managers – Suggested Functions**

1. Provide assistance to the coach where appropriate. The coach will advise when assistance is required.
2. The property officer will allocate the strip to the team Manager prior to the commencement of the season. Managers should ensure that the equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
3. Arrange the half time refreshment rosters (eg oranges) for your team. It is recommended that a roster is completed so each family has a turn to provide refreshments.
4. Monitor and maintain the equipment allocated to the team.
5. It is normal practice for the coach to be issued with training equipment for the first practice session.
6. Return all the equipment to the property Officer at the end of the season.
7. Assist the coach on match day by managing substitutions to ensure that each player gets a fair run on a field. Team officials should endeavor to ensure all players get the same “game time” irrespective of their skill level and general abilities.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Administrators' Code of Behaviour**

1. Involve club members in the planning, leadership, evaluation and decision making related to the activity.
2. Give all players equal opportunity to participate.
3. Ensure that rules, equipment, length of games and training schedules suit the age ability and maturity level of participants.
4. Provide quality supervision and instruction for junior players.
5. Remember that juniors participate for enjoyment. Don't over emphasize awards.
6. Help coaches and officials highlight appropriate behaviour and skill development, and help improve standards of coaching and officiating.
7. Ensure that everyone involved in junior sport emphasizes fair play, not winning at all costs.
8. Give a code of behaviour sheet to officials, parents, coaches and players and encourage them to stick to it.
9. Remember, you set an example. Your behaviour and comments must be positive and supportive.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 6 Small Sided Game Mixed**

**Grounds Location: Kangaroo Bay**

Pitch dimensions	
Length: 30metres	Width: 20metres
Centre circle	No centre circle
Goal	Collapsible temporary No goal area goal
<b>Game Rules</b>	
Max. players on ground:	4 vs 4 no goal keeper
Substitutions:	Made during play, max 1 at a time
Playing time:	2 x 15min halves with 5 min break
Ball size:	No 3
Goal kick:	taken 5 metres from goal line with 5 metres clearance
Corner kicks	Opposition players 5 metres clearance from kicker
Start of play	Centre kick, opposition 5 metres clearance from kicker, all players in their own half of pitch
Inbounds	There aren't any throw ins, the ball is put back into play by a sideline kick - opposition 5 metres clearance from kicker
Free kicks	all indirect, opposition 5 metres from kicker, no penalties
Offside rule	there is no offside rule in Under 6

- 1. There are no penalties, all free kicks are indirect(ball required to be touched by another player before goal given)**
- 2. Don't stop play unless really necessary, keep play moving**
- 3. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

In principal there are no rules! - just a ball and eight players running and trying to get the ball into the opposition goal.

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 7 Small Sided Game Mixed**

**Grounds Location: Kangaroo Bay**

### Pitch dimensions

Length: 30metres	Width: 20metres
Centre circle	No centre circle
Goal	Collapsible temporary      No goal area goal

### **Game Rules**

Max. players on ground:	5 vs 5 no goal keeper
Substitutions:	Made during play
Playing time:	2 x15min halves with 5 min break
Ball size:	No 3
Goal kick:	Taken 5 metres from goal line with 5 metres clearance
Corner kicks	Opposition players 5 metre clearance from kicker
Start of play	Centre kick, opposition 5 metre clearance from kicker
Inbounds	There aren't any throw ins, the ball is put back in play by a sideline kick, opposition 5 metres clearance from kicker
Free kicks	all indirect, opposition 5 metres from kicker, no penalties
Offside rule	there is no offside rule in under 7

- 1. There are no penalties, all free kicks are indirect(ball required to be touched by another player before goal given)**
- 2. Don't stop play unless really necessary - keep play moving**
- 3. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 8 Six-A-Side Soccer Mixed**

**Grounds Location: Edgeworth Street, Warrane**

### Pitch dimensions

Length:	50metres	Width:	35metres
Centre circle	5 metre radius		
Goal area	Rectangle 15metres long by 5metres wide		
Goals	5metres by 2metres		
<b>Game Rules</b>			
Max. players on ground:	6 vs 6 Including goal keeper		
Substitutions:	Made during play		
Playing time:	2 x 15min halves with 5 min break		
Ball size:	No 3		
Goal kick:	Taken anywhere in goal area, opposition 8 mtres from ball.		
Corner kicks	Opposition players 8 metres clearance from kicker		
Start of play	Centre kick, opposition outside circle and in own half		
Inbounds	Throw in		
Free kicks	All free kicks are indirect, opposition to be 8 metres from kicker, there are no penalties, if a foul occurs in goal box a indirect free kick is to be taken outside goal box with 8 metres clearance		
Offside rule	there is no offside rule in under 8		

- 1. There are no penalties, all free kicks are indirect(ball required to be touched by another player before goal given)**
- 2. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 9 Small Sided Game Mixed**

**Grounds Location: Edgeworth St**

### Pitch dimensions

Length: 40metres                      Width: 30metres

Centre circle                              5 metre radius

Goal area                                  Rectangle 8 metres x 16 metres

Goals                                        5 metres x 2 metres

### **Game Rules**

Max. players on ground: 7 vs 7 including goal keeper

Substitutions: Made during play, substituted player must leave pitch before new player enters

Playing time: 2 x 20 min halves with 5 min break

Ball size: No 3

### **Goalkeeper**

Goal kick: Taken anywhere in goal area

Kicks from the goalkeepers hands Aussie rules kicks must land or be touched in own half. Free kick to be taken on centre line

Corner kicks Opposition players 6 metres clearance from kicker

Start of play Centre kick, opposition outside circle (This is an indirect kick, the ball must be touched by another player for a goal to be scored)

Inbounds Throw in from place ball went out

Free kicks All frees are indirect, opposition 8 metres from kicker. If a foul occurs in the goal box, an indirect free kick is to be taken outside the goal box with all players 8 metres clearance

Offside rule there is no offside rule in under 9

- 1. There are no penalties, all free kicks are indirect (ball required to be touched by another player before goal given)**
- 2. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 10 Nine-A-Side Soccer Mixed**

**Grounds Location: Risdon Vale**

### Pitch dimensions

Length: 70metres

Width: 40metres

Centre circle

6 metre radius

Goal area

Rectangle 20 metres x 7 metres

Goals

6 metres x 2 metres

### **Game Rules**

Max. players on ground:

9 vs. 9 including goal keeper

Substitutions:

Made during play, substituted player must leave pitch before new player enters

Playing time:

2 x 20 min halves with 5 min break

Ball size:

No 3

Goal kick:

Taken anywhere in goal area

Corner kicks

Opposition players 8 metres clearance from kicker

Start of play

Centre kick, opposition outside circle (This is an indirect kick, the ball must be touched by another player for a goal to be scored)

Inbounds

Throw in from place ball went out

Free kicks

All frees are indirect opposition 8 metres from kicker. If a foul occurs in penalty area, an indirect free kick to be taken outside penalty area, with all players 8 metres from the ball.

Offside rule

there is no offside rule in under 10

- 1. There are no penalties, all free kicks are indirect (ball required to be touched by another player before goal given)**
- 2. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 11 Small Sided Game Mixed**

### **Grounds Location: Cambridge**

#### Pitch dimensions

Length: 60metres      Width: 40metres

Centre circle      5 metre radius  
Goal area      Rectangle 16metres long x 8metres wide  
Goals      5 metres x 2 metres

#### **Game Rules**

Max. players on ground: 9 vs 9 including goal keeper  
Substitutions: Made during play, substituted player must leave pitch before new player enters  
Playing time: 2 x 25 min halves with 5 min break  
Ball size: No 4

#### **Goalkeeper**

Goal kick: Taken anywhere in goal area  
Kicks from the goalkeepers hands Aussie rules kicks must land or be touched in own half. Free kick to be taken on centre line  
Corner kicks Opposition players 6 metres clearance from kicker  
Start of play Centre kick, opposition outside circle (This is an indirect kick, the ball must be touched by another player for a goal to be scored)  
Inbounds Throw in from place ball went out  
Indirect free kicks Outside goal box is indirect, opposition 8 metres clearance.  
Penalties If a **deliberate** foul occurs in penalty box a penalty shall be taken from 8 metre spot. All players except kicker and goalie to be outside penalty box  
Offside rule there is no offside rule in under 11

**1. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Under 12 Eleven-A-Side Soccer Mixed**

**Grounds Location: Wentworth Park**

Pitch dimensions: Full adult pitch

### **Game Rules**

Max. players on ground:	11 vs 11 including goal keeper
Substitutions:	Made when game stopped for a throw in
Playing time:	2 x 25 min halves with 5 min break
Ball size:	No 4
Goal kick:	Taken anywhere in goal area with 8 metres clearance
Corner kicks	Opposition players 8 metres clearance from kicker
Start of play	Centre kick, opposition outside circle and in own half
Inbounds	Throw in from place ball went out
Indirect free kicks	Outside goal box is indirect, opposition 8 metres clearance.
Penalties	If a <b>deliberate</b> foul occurs in penalty box a penalty shall be taken from penalty spot. All players except kicker and goalie to be outside penalty box
Offside rule	Offside rule enforced

**1. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## Under 9/10 Small Sided Game Girls only

Grounds Location: Edgeworth St    Game times: Saturday afternoon

### Pitch dimensions

Length: 40metres

Width: 30metres

Centre circle

5 metre radius

Goal area

Rectangle 16metres long x 8metres wide

Goals

5 metres x 2metres

### Game Rules

Max. players on ground:

7 vs 7 including goal keeper

Substitutions:

Made during play, substituted player must leave pitch before new player enters

Playing time:

2 x 20 min halves with 5 min break

Ball size:

No 3

Goal kick:

Taken anywhere in goal area

Corner kicks

Opposition players 6 metres clearance from kicker

Start of play

Centre kick, opposition outside circle (This is an indirect kick, the ball must be touched by another player for a goal to be scored)

Inbounds

Throw in from place ball went out

Free kicks

All indirect, opposition 8 metres from kicker. If a foul occurs in penalty area, an indirect free kick to be taken outside penalty area, with all players 5 metres from the ball.

Offside rule

there is no offside rule in under 9/10 girls

- 1. There are no penalties, all free kicks are indirect (ball required to be touched by another player before goal given)**
- 2. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

**Under 11/12 Small Sided Game Girls only**  
**Grounds Location: Edgeworth St    Game times: Saturday afternoon**

Pitch dimensions

Length:	60mtrs	Width:	40mtrs
Centre circle	5 metre radius		
Goal area	Rectangle 16metres long x 8metres wide		
Goals	5 metres x 2metres		
<b>Game Rules</b>			
Max. players on ground:	6 vs. 6 including goal keeper		
Substitutions:	Made during play, substituted player must leave pitch before new player enters		
Playing time:	2 x 25 min halves with 5 min break		
Ball size:	No 4		
Goal kick:	Taken anywhere in goal area		
Corner kicks	Opposition players 6 metres clearance from kicker		
Start of play	Centre kick, opposition outside circle (This is an indirect kick, the ball must be touched by another player for a goal to be scored)		
Inbounds	Throw in from place ball went out		
Free kicks	All indirect, opposition 8 metres from kicker. If a foul occurs in penalty area, an indirect free kick to be taken outside penalty area, with all players 5 metres from the ball.		
Offside rule	there is no offside rule in under 11/12 girls		

- 1. There are no penalties, all free kicks are indirect (ball required to be touched by another player before goal given)**
- 2. Sliding tackles are illegal. A repeat after a warning will result in that player being removed from the field.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

## **Important Notes for Parents of Players**

- 1. Skill development and enjoyment** are the most important considerations winning is secondary to these.
- 2. Where possible, all players are to get equal playing time,** irrespective of skill levels and ability.  
Ordinarily, there will not be a goal keeper until U8's. The goal keeping role should be rotated until U11's.
- 3. Players-enjoy half-time refreshments.** All players must have own drink bottle and not share drink containers.
- 4. All players are to wear shin pads** - no shin pads = no game or training.
- 5. Players are responsible for bringing a drink to training and games.** Regular fluid intake is important when training/playing.
- 6. Metal studs are not permitted.**

## **The following values are relevant for parents**

- 1. Co-operate with the coach, manager, and committee members.**  
**Remember they are donating their time for the children's enjoyment, and without them there would be no competition.**
- 2. Remember that the children participate for the pleasure and that winning is only part of the fun.**
- 3. Never ridicule or yell at any player for making a mistake or losing.**
- 4. Remember, you set an example. Your behaviour and comments should be positive and supportive.**
- 5. Never argue with the referee. If you disagree with the decision, and you believe it appropriate, discuss it with the Coach/Manager of the team.**
- 6. Be a good sport. Acknowledge all good plays whether they are by your team or the opposition.**
- 7. Any matters considered inappropriate should be reported to a club committee member.**

[This information plus more including rosters at www.erjsa.com.](http://www.erjsa.com)

**The referee is not always right.....  
.....But always accept the Decision**

If you are playing, coaching or watching junior soccer, you should realize that not only are the teams learning to play soccer, but also that most probably, the referee is also learning his/her trade.

He will, as do the players, make mistakes during the game and these should be accepted in the same manner as the players' mistakes are accepted by team mates, coaches and spectators. Just as the players spend hours at training learning their skills, so do the referees, who spend many hours learning the rules and how to apply them.

In many cases the referee has played junior soccer and for different reasons has decided to referee to remain part of our great game. He attends courses to understand the basic requirements and skills of refereeing and spends many hours training and attending lectures.

It is vitally important to the future of the game to nurture our junior players and our referees to improve the standard of soccer and encourage all to stay in the game. We all must play our part to keep players and referees involved, and to remember that "the referee is not always right, but accept the decision and get on with the game".

**NOTES:** .....  
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**Player name**.....

**Coach Name:** .....

**Phone:** .....

**Email**.....

**Team Name:** .....

**Player Name**.....

**Coach Name:** .....

**Phone:** .....

**Email**.....

**Team Name:** .....

**Player Name**.....

**Coach Name:** .....

**Phone:** .....

**Email**.....

**Team Name:** .....

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